



Individualized Services and Supports: Supported Living Service

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SUPPORTED LIVING SERVICE

Supported living addresses the desires, goals, strengths, abilities, needs, health, safety and life span issues of persons usually living in their own homes. Supported living refers to the support services provided to the person served, not the residence in which these services are provided.

Supported living is provided to individuals living in their own homes (apartments, family home, or other residential settings). The service does not require 24-hour support but includes a range of community-based activities and habilitation training. The residence will be owned, rented or leased by the individuals residing there. Generally, there are not more than two or three individuals living in the home, no house rules or structure in place by I-REACH 2 Inc., and the individuals can come and go as they decide. Activities may include but are not limited to the following: assistance with locating appropriate housing; the acquisition, retention or improvement of skills related to activities of daily living such as personal hygiene and grooming; household chores; meal preparation; shopping; personal finances; and the social and adaptive skills necessary to enable individuals to reside on their own.

I-REACH 2 will not provide supported living service to individuals residing in I-REACH 2 Inc. owned homes, apartments or other residential settings. The individual and their team are responsible for acquiring the residence, signing the lease, and responsible for the terms of the lease. I-REACH 2 along with the individuals' team will provide information and support to ensure that housing is safe, affordable, accessible, and chosen by the individual. These supports will occur through team meetings, individualized training and in-home supports.

IN-HOME SAFETY

- Environmental risks and self-protection skills. All individuals receiving supported living services will be provided information, training, and support in recognizing environmental risks and emergency procedures. Drills will be conducted quarterly on the following procedures: fire, utility failure, extreme weather and erratic individual. In addition, comprehensive health and safety inspections will be conducted semi-annual. The required drills and inspections shall be documented on organizational forms and routed to the Health and Safety coordinator. Self-protection (healthy living) skills are addressed through formal and informal goals related to food safety, minor first-aid, accessing, budgeting, simple home maintenance, etc.
- Abuse and/or neglect inflicted by self or others: Two times per year during team meetings and annually during service times individuals are provided training on the right to be free from abuse and or neglect. As well as the importance of living a healthy lifestyle.
- Individuals are offered support and assistance in medication assistance. The level of support varies and is based on the needs and wishes of the individual and their team. This is outlined in the Plan of Care. Please see the IR2 Health and Safety policies on Medication Assistance for detailed information.

OBTAINING INDIVIDUAL CHOICE and INPUT

I-REACH 2 Inc. will talk to all individuals and discuss their preferences in activities and any goals they have. These preferences will be shared with staff to help brainstorm potential community events and activities in which the individual may wish to participate. Staff will talk to individuals at least weekly about their schedules and integrate any feedback. All individuals will be encouraged to pursue their own interests and individualization will be clear through plans of care and weekly schedules. Individuals can choose to decline services without any negative consequences imposed by I-REACH 2 Inc. It is the policy of IR2 to promote individuals living at the highest level of independence possible by making everyday choices and planning for their future. Therefore, persons served will provide input on where and with whom they live during the 6-month review and annual plan of care team meetings.

CUSTOMIZATION OF LIVING SPACE

Individuals are encouraged to self-decorate and provide input regarding their home décor. Individuals shall have access to the community to purchase decorative items for their home. Staff shall provide support in budgeting and long-term planning, if applicable.

SERVICE/SUPPORT PLANNING

Support personnel are available based on the needs of the person served and is outlined in the plan of care. Supported living services can include but are not limited to: healthy lifestyle, personal care, home maintenance, their role as a tenant, effective advocacy/decision making, family contact, social life (friendships/relationships), community memberships, social networks and money/budgeting.

Supported Living service schedules and goals shall be developed through the team meeting process prior to service delivery. Modifications to the schedule shall be arranged with the Community Living & Employment Coordinator or with individual's direct staff.

COMMUNITY INTEGRATION POLICY

I-REACH 2 Inc. will ensure that persons-served drive all choices about community events and activities. This includes community, cultural, social, recreational, spiritual, and employment activities. If an individual wants to attend an event, staff will assist in checking on whether the participant has sufficient funds (if applicable) and arranging transportation. (For details on transportation options please see the Individual Handbook and related services sections of the IR2 Policy and Procedure manual) IR2 staff will research local events, interest groups, and other activities and provide options for individuals to choose between Staff will help individuals who struggle with interacting with community members.

PROCEDURE:

1. Individuals in our supported living service can engage in individualized activities daily. We encourage pre-planning.
2. All community outings are documented on an Individual's waiver service schedule and Outing tracker in Therap.
3. Staff training on this policy will occur at new hire orientation and annually in November.
4. Participant training on this policy will occur at intake and annually as part of the annual plan of care review.

24-HOUR SUPPORT/EMERGENCY

POLICY

If an individual requires the support of the I-REACH 2 Inc. On-Call system, this provision needs to be documented in the Plan of Care, including the types of support that would be required by the on-call personnel.

I-REACH 2, Inc. will have on-call personnel on duty 24 hours a day. That person will carry the IR2 on-call phone and a computer/technology with access to Therap. This person is to be available to assist staff when they need information or assistance. This service is also available to guardians, case managers and individuals.

On-call numbers will be posted by the telephones in all I-REACH 2, Inc. facilities and in vehicles utilized by I-REACH 2, Inc.

THE I-REACH2 Inc. ON CALL NUMBER IS 307-258-5959.